



Verrutop



# What is Verrutop?

Verrutop is a relatively new product used for the treatment of warts and verrucas. It uses a Nitrizinc complex to mummify and dessicate the verruca cell tissue, helping trigger cell death.





We always put patients at the centre of everything we do



#### Who is it suitable for?

Verrutop is best suited for either raised verruca/warts which occur on the top of the foot or toes, or smaller more superficial verruca. If someone has a large, long-standing verruca, other treatment options may be indicated.

### What can I expect?

After a thorough assessment performed by a podiatrist and when Verrutop is indicated, then treatment may commence. Firstly, the overlying hard skin will be removed with a scalpel (this is usually painless, it may bleed sometimes which is normal). The Verrutop is applied with the applicator directly to the verruca/verrucas to be treated. The process is repeated a few times and then left to dry. The podiatrist may apply a dry dressing to be worn for a short period.

#### **Does it hurt?**

The application of the Verrutop treatment is usually completely painless. In some individuals a burning or stinging sensation may be experienced which subsides the same day.

### How many treatments are required?

The manufacturer states that most individuals require 3-6 sessions of which each session is carried out every 1-2 weeks to eradicate the verruca. It is usually not advisable to have more than 6 treatments. If the verruca has not cleared after 6 treatments then the podiatrist will discuss the other options going forward.

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## What if I have multiple verruca?

If you have multiple verruca the treatment can be applied to each, as long as they are not what we would class as a large verruca. The costs for having multiple verruca treated with Verrutop is the same as a singular lesion.

# What can I expect after?

Verrutop aims to slowly shrink the verruca and clear the offending lesion over the course of treatment.

Between appointments, it is necessary to wipe over the treated verruca with surgical spirits twice a day between sessions. This aids the drying effect of verruca, and if this is not done the effectiveness of the Verrutop is reduced. It is also advised to avoid long soaks in the bath/shower or similar for this same reason, and also to not touch or pick the area between treatments.

It is normal for the verruca tissue to change colour to yellow, brown or black after the treatment.



## **Prices**

- General assessment £52.50
- Verrutop treatment (per session) £63.00

To arrange an appointment please e-mail office@chiropody.co.uk or call 0330 088 4222.

Save £5 by booking an appointment online.



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